**SOUTHWEST-WESTERN CHAPTERS JOINT SPRING 2017 MEETING**

**The Strater Hotel Durango, Colorado**

**FRIDAY, April 7, 2017**

7:45 am Welcome and Announcements John Davis, MD and Mark Thoman, MD

8:00 am **Mindfulness: The Basics for a Physician**

Marisa Asplund, MA, Registered Psychotherapist, Durango, Colorado

*What is mindfulness and its value in the physician to patient, peer and personal relationships?*

8:45 – 9:00 am Discussion, audience question and answer

9:00 am **Responding to Sexual Assault in Rural Areas**

Amber M. Cox, MSW, Durango, Colorado

*How do I, as a physician, respond when a patient discloses sexual assault or abuse?*

9:45 – 10:00 am Discussion, audience question and answer

10:00-10:15 am Break

10:15 am **Providing Healthcare in Rural Bolivia**

John E. Freitas, MD, Nuclear Medicine, Ann Arbor, Michigan

*What types of illness can one expect to encounter when delivering healthcare in rural Bolivia? How does one positively affect patient care under the circumstance?*

11:00 – 11:15 am Discussion, audience question and answer

11:15 am **Vicarious Trauma: How your work affects you**

Elizabeth Ragsdale, PsyD, Psychologist, Durango, Colorado

*What is vicarious trauma and how can I reduce its impact on my life as a healthcare provider?*

12:00 – 12:15 pm Discussion, audience question and answer

12:15 pm Scientific Session Adjourns for the Day.

**SATURDAY, April 8, 2017**

7:50 am Meeting Announcements John Davis, MD and Mark Thoman, MD

8:00 am **Diagnosing and Treating Common Medical Problems in Medical Missions**

John T. Kihm, MD, FACP, Family Practice, Durham, North Carolina

*How do I overcome obstacles in diagnosing and treating common problems in medical missions?*

8:45 – 9:00 am Discussion, audience question and answer

9:00 am **What Did the Doctor Say to the Neuropsychologist?**

J. W. Ragsdale, Ph.D., Neuropsychologist, Durango, Colorado

*How do I, as the referring physician, effectively communicate with the Neuropsychologist when referring a patient?*

9:45 – 10:00 am Discussion, audience question and answer

10:00-10:15 am Break

10:15 am **Sexual Assault Survivors: Treating Post-traumatic Stress Disorder**

Sarah K. Tracy, Ph.D., Psychologist, New Mexico State University, Farmington, New Mexico

*Which types of therapeutic interventions lead to the most significant reduction in PTSD symptoms for survivors of sexual assault?*

11:00 – 11:15 am Discussion, audience question and answer

11:15 am **Chronic Aortic Regurgitation:** **When is it time to replace the aortic valve?**

George W. Shehl, MD, FACC, Cardiologist, Clarksburg, West Virginia

*When should I refer my patient with chronic aortic regurgitation and no symptoms for an aortic valve replacement?*

12:00 – 12:15 pm Discussion, audience question and answer

12:15 pm Scientific Sessions Conclude.